

FOUNTAINVIEW ACADEMY

ACTIVITIES/PROGRAMS INFORMED CONSENT

STUDENT FULL NAME: _____ DATE: _____

This form must be read and signed by parent(s)/guardian(s) and every student who wishes to participate in any activities/programs.

As part of Fountainview Academy's balanced program of education, recreation, and spirituality, we offer unique opportunities in physical and outdoor education, leadership, and outreach as part of our standard curriculum. These programs form an integral part of our educational philosophy and require frequent travel, outdoor pursuits, and fitness training.

Fountainview Academy will do its best to minimize risk and maximize safety in all areas. Due to many activity locations, accident/illness could take place in areas without nearby medical facilities.

Please read the description for each area before considering not giving your child permission for a specific area.

TRAVEL

The arts groups of Fountainview Academy (orchestra, choir, ensemble, and filming) regularly take official school tours in Canada, the United States, and occasionally to other international locations. Fountainview Academy may also travel on other official school trips, such as mission trips, including senior mission trips.

As parent/guardian of the stated student:

	Permission granted	I DO NOT want my child participating
Tour/Filming Travel	<input type="checkbox"/>	<input type="checkbox"/>
Other Official School Trips	<input type="checkbox"/>	<input type="checkbox"/>

INHERENT RISKS OF PARTICIPATION

The follow description includes, but is not limited to, examples of the types of emergencies/illness/injury which may result from participating in travel in North America and other parts of the world:

- * Inherent risks associated with the hazards of vehicle or air travel and transportation methods.
- * In international locations, if there is a need to evacuate, in certain emergencies, flights may be suspended, and other departure options may be limited or non-existent.
- * Damage to, or loss of, personal property.
- * The risks and dangers of travel include, but are not limited to dangers to health and personal safety posed by disease, adverse weather conditions, inadequate medical care, natural disasters, terrorism, crime, civil unrest and violence.
- * The specific risks include, but are not limited to minor and major physical injuries and/or emotional and psychological injuries inflicted accidentally or intentionally by others, or catastrophic injuries, including paralysis and death.

FITNESS TRAINING/PHYSICAL EDUCATION

To maintain a well-balanced exercises program, the following (non-exhaustive list) are offered as part of the physical education class. All students are expected to participate unless a physical impairment impedes them. If such a physical limitation exists, the student/parent should speak to the Physical Education teacher to arrange an alternate exercise plan, etc.

As parent/guardian of the stated student:

	Permission granted	I DO NOT want my child participating
Running, including cross-country running	<input type="checkbox"/>	<input type="checkbox"/>
Weight training	<input type="checkbox"/>	<input type="checkbox"/>
Use of exercise equipment	<input type="checkbox"/>	<input type="checkbox"/>
Physical Education Class activities/fitness training	<input type="checkbox"/>	<input type="checkbox"/>

INHERENT RISKS OF PARTICIPATION

The follow description includes, but is not limited to, examples of the types of illness/injury which may result from participating in physical exercise/exertion (including Physical Education Class activities):

- * Accident/injury caused by exercise equipment malfunction, defect, and/or failure.
- * Accident/injury caused by the physical condition of the participant, terrain, facilities, weather conditions, temperature, lack of hydration, vehicular traffic.
- * Associated risks include crush injuries, fatigue, overexertion, fainting, falls, bruises, cuts, dehydration, concussion, strains, sprains, fractures, dislocations, muscle/ tendon/ligament pulls or tears, neck and spinal injuries, mental anguish or trauma, paralysis, blindness, brain damage, death.

CYCLING

While Fountainview Academy does not own any general-use pedal bikes, students are permitted/recommended to bring their own bike if they wish. Even if a student doesn't bring their own bike, they may still have opportunity to bike through borrowing, etc. Students are required to wear helmets while biking.

As parent/guardian of the stated student:

	Permission granted	I DO NOT want my child participating
Cycling (including mountain biking)	<input type="checkbox"/>	<input type="checkbox"/>

INHERENT RISKS OF PARTICIPATION

The follow description includes, but is not limited to, examples of the types of illness/injury which may result from participating in cycling or mountain biking:

- * Accident/injury caused by equipment malfunction, defect, and/or failure.
- * Injuries sustained if a safety helmet is not worn. Injuries from riding equipment, automobiles, and the failure of others to bike safely, in control, or within their own ability.
- * Risk involved due to potential encounters with wildlife, animals, and insects; temperature extremes; inclement weather conditions.
- * Risk involved due to exposure to natural conditions such as rain, mud, water, gravel; forest growth (such as downed trees or limbs, roots); streambeds, rocks, cliffs, jumps, bridges, trail and road hazards; and the potential for any terrain features to be unmarked, eroded, exposed, broken, steep, uneven, slippery, or damaged by natural or human causes.
- * Related risks include collision with a stationary or moving object, bruises, cuts, concussion, amputations, strains, sprains, fractures, dislocations, mental trauma, paralysis, blindness, brain damage, death.

VEHICLE USE

In the following table is a non-exhaustive list of the types of vehicles at Fountainview Academy. Students may have opportunity to drive vehicles for recreational or vocational-training activities. Students are personally responsible to operate vehicles only as outlined in the Fountainview Academy Student Driver's Policy (see below).

Some examples of how vehicles are used on campus are: Forklifts for moving pallets in the farm building; cube vans for collecting trash around campus; pickup trucks for transporting tools and equipment; tractors for plowing fields, etc. Students may occasionally have opportunity to practice driving skills in a car/truck with a staff member.

Students may not drive motorbikes on campus. The only exception would be for operating motorbikes for vocational training assignments with direct permission given by the farm/industry manager. The student must have endorsement by the farm or industry manager that they have the ability to safely operate the bike. Staff may occasionally invite a student to dirt bike with them off campus, such as on nearby dirt roads/trails. Students may do so as long as they are accompanied by a staff member and have parental permission (as given below). Students must always wear a helmet at DOT, ECE 22.05, or Snell motorcycle helmet standards, whether operating or as a passenger on a motorbike.

As parent/guardian of the stated student:

	Permission granted	Permission DENIED for my child to operate
Cars/Trucks/Vans/SUVs etc.	<input type="checkbox"/>	<input type="checkbox"/>
Tractors	<input type="checkbox"/>	<input type="checkbox"/>
Forklifts	<input type="checkbox"/>	<input type="checkbox"/>
Cube Vans/Box Trucks	<input type="checkbox"/>	<input type="checkbox"/>
Motorbikes	<input type="checkbox"/>	<input type="checkbox"/>

FOUNTAINVIEW ACADEMY STUDENT DRIVERS POLICY

1. No insured vehicle shall be operated on or off campus by anyone who does not have a valid legal driver's license and parental/guardian permission.
2. No uninsured vehicle shall be operated by anyone who does not have a valid legal driver's license or a current Fountainview-issued driver's training certificate and parental/guardian permission (*as given above*).
3. Unlicensed student drivers may not carry passengers unless a licensed staff member is present in the vehicle.
4. All license restrictions apply.
5. Seatbelts must be worn.
6. No passengers are to ride in a position that is not designed for passengers (i.e. trailers, truck beds). Certain farm operations may be exempt on the approval of the Administrative Committee.
7. Student drivers must demonstrate the ability to safely operate the vehicle they have been requested to drive.
8. No student is to drive any vehicle unless they are requested to do so by a staff member.
9. Any driving incidents will be assessed and reported.
10. Fountainview Academy reserves the right to suspend student driving privileges.

INHERENT RISKS OF PARTICIPATION

The follow includes, but is not limited to, examples of the types of injury which may result from operating motor vehicles, which always involve certain elements of risk.

- * Motor vehicle/motorbike accidents: including but not limited to, rolling of vehicle, vehicle collision with other vehicles or stationary objects, which could result in physical injury including bruises, cuts, concussion, whiplash, amputations, crush injuries, strains, sprains, fractures, dislocations, spinal injuries, mental anguish or trauma, paralysis, blindness, brain damage, death.
- * Accident/injury caused by equipment malfunction, defect, and/or failure.

WINTER ACTIVITIES

In the following table is a non-exhaustive list of the types of winter recreational opportunities that may be available at Fountainview Academy. Several times each winter all interested students are taken to a local rink for ice-skating. There is an annual downhill skiing/snowboarding trip open to all students. Sometimes students are taken sledding for Physical Education class in the winter.

As parent/guardian of the stated student:

	Permission granted	I DO NOT want my child participating
Snowshoeing	<input type="checkbox"/>	<input type="checkbox"/>
Sledding/Tubing	<input type="checkbox"/>	<input type="checkbox"/>
Winter Camping (including sleeping in a snow shelter, avalanche safety training, etc.)	<input type="checkbox"/>	<input type="checkbox"/>
Downhill Skiing/Snowboarding	<input type="checkbox"/>	<input type="checkbox"/>
Cross Country Skiing	<input type="checkbox"/>	<input type="checkbox"/>
Ice-skating	<input type="checkbox"/>	<input type="checkbox"/>

INHERENT RISKS OF PARTICIPATION

The following description includes, but is not limited to, examples of the types of illness/injury which may result from participating in winter activities:

- * Inherent risks associated with the hazards of vehicle and winter travel.
- * Accident/injury caused by equipment malfunction, defect, and/or failure.
- * Sledding/tubing in particular involves moving at high speeds, a general lack of control, as well as the inability to stop.
- * Associated risks include slippery or icy conditions, collision with stationary or moving object/person, fatigue, vehicular traffic, overexertion, bruises, cuts, dehydration, concussion, strains, sprains, fractures, dislocations, head, neck and spinal injuries, mental anguish or trauma, paralysis, blindness, brain damage, death.
- * Related risks could also include encounters with animals or predators, extreme weather conditions (including unforeseen or inclement weather) which could result in getting lost, frostbite, hypothermia, exposure, snow blindness.
- * Staying in snow shelters could include risks such as exposure, collapse causing injury, etc. Outdoor ice-skating associated risks include falling through ice.

CAMPING AND HIKING

In the following table is a non-exhaustive list of the types of outdoor opportunities that are available at Fountainview Academy.

Camping, hiking, and backpacking are an integral part of the recreational program. Sometimes these opportunities are optional, but other times they are activities for the entire student body. In such cases, all students will be expected to participate unless a physical impairment impedes them. If such a physical limitation exists, the student/parent should speak to the Student Life Director.

The Senior Survival Campout is part of Health 12 class credit. During this campout, the students make natural debris shelters to sleep in, learn about wild edibles, etc. All grade 12 students will be expected to participate unless a physical impairment impedes them.

As parent/guardian of the stated student:

	Permission granted	I DO NOT want my child participating
Camping	<input type="checkbox"/>	<input type="checkbox"/>
Hiking	<input type="checkbox"/>	<input type="checkbox"/>
Backpacking	<input type="checkbox"/>	<input type="checkbox"/>
Senior Survival Campout	<input type="checkbox"/>	<input type="checkbox"/>

INHERENT RISKS OF PARTICIPATION

The follow description includes, but is not limited to, examples of the types of illness/injury which may result from participating in camping, hiking and/or backpacking:

- * Inherent risks associated with the hazards of vehicle, wilderness and/or winter travel.
- * Environmental risks such as poisonous plants, tick bites, insects, snakes, and predators, rapidly moving deep or cold water, falling and rolling rock, lightning, avalanches, flash floods, unpredictable forces of nature, including weather that may change to extreme conditions. Associated risks include exposure related illnesses, injury from frostbite or hypothermia; heat stroke or heat exhaustion.
- * While hiking/backpacking accidents can occur due to rugged, steep, slippery, unpredictable trails and off-trail terrain, including boulder fields, downed timber, river crossings, snow and ice, and slippery rocks.
- * Related risks include collision, falling, drowning, bruises, cuts, concussion, amputations, strains, sprains, fatigue, fractures, dislocations, mental trauma, paralysis, blindness, brain damage, death.
- * Drinking infected stream/lake water could cause illness.
- * Hikers may become lost, especially in low-visibility weather conditions, which may lead to prolonged exposure to heat or cold, lack of food or water, and other hazardous environmental conditions.
- * Meals are prepared over gas/propane stoves and sometimes open fires. Associated hazards may include burns and/or cuts, exposure to hazardous fumes.
- * Staying in debris shelters could include risks such as collapse causing injury, etc.

WATER ACTIVITIES

In the following table is a non-exhaustive list of the types of water activities that are available. Each year several campouts are required where the entire student body is transported by floats and speed boats to a lake-front beach for camping. Students will be expected to wear life-jackets for canoeing, boating, and water sports.

As parent/guardian of the stated student:

	Permission granted	I DO NOT want my child participating
Canoeing	<input type="checkbox"/>	<input type="checkbox"/>
Boating (including speedboats)	<input type="checkbox"/>	<input type="checkbox"/>
Water skiing/wakeboarding/kneeboarding/tubing ("water sports")	<input type="checkbox"/>	<input type="checkbox"/>
Swimming	<input type="checkbox"/>	<input type="checkbox"/>

INHERENT RISKS OF PARTICIPATION

The follow description includes, but is not limited to, examples of the types of illness/injury which may result from participating in water activities:

- * Inherent risks associated with the hazards of vehicle/boat travel.
- * Heat or sun related injuries such as sunburn, heat stroke, or heat exhaustion.
- * Injuries from aquatic life and/or insects, exposure to hazardous fumes.
- * Falling/crashing while participating in water sports; strong currents and wave action; extreme weather including lightning; being struck by equipment or a boat, being struck by other participants and/or their equipment; failing to wear an approved personal flotation device (life jacket); failing to use proper "water sports" practices and/or procedures; equipment malfunction, defect, and/or failure.
- * Associated risks include bruises, cuts, rope burn, concussion, amputations, hypothermia, drowning, strains, sprains, fatigue, fractures, dislocations, spinal injuries, mental anguish or trauma, paralysis, blindness, brain damage, death.

INFRARED SAUNA

Each main dormitory is equipped with an infrared sauna. Saunas are known to relax the body, flush toxins, and help fight illness. When using the sauna, students will be required to follow the posted guidelines for time and temperature limits (which are in accordance with suggested infrared sauna use). Good hydration should also be maintained when using the sauna.

As parent/guardian of the stated student:

	Permission granted	I DO NOT want my child participating
Infrared Sauna	<input type="checkbox"/>	<input type="checkbox"/>

INHERENT RISKS OF PARTICIPATION

The follow description includes, but is not limited to, examples of the types of illness/injury which may result from participating in using the infrared sauna:

- * Overheating (heat exhaustion and heat stroke) or depletion or electrolytes or minerals through sweating and dehydration.
- * The effects of mobilized toxins or interference with the absorption and/or effects of certain medications.
- * Adverse effects on certain medical conditions, for example:
 - People with a history of or current heart problems should not use a sauna unless they have doctor's approval.
 - Sweating caused by the infrared heat can cause itching and irritation for people who have some skin disorders.
 - Infrared heat produces dry, hot air that can cause complications for people with respiratory illnesses.
- * Accident/injury caused by equipment malfunction, defect, and/or failure or accident/injury caused by the physical condition of the participant.

OTHER ACTIVITIES/PROGRAMS

The following list of activities/programs are designed for the entire student body. Students will be expected to participate unless a physical or other type of impairment impedes them. The Career and Technical Development program is vocational education training. Students will be assigned to various departments to learn a variety of skills.

As parent/guardian of the stated student:

	Permission granted	I DO NOT want my child participating
Career and Technical Development Program	<input type="checkbox"/>	<input type="checkbox"/>
Campus activities (ex: games, dorm or classroom activities, etc.)	<input type="checkbox"/>	<input type="checkbox"/>
Activities in the community of a humanitarian/spiritual nature and field trips	<input type="checkbox"/>	<input type="checkbox"/>
Choir/Orchestra/Singing Groups (including music tours/concerts)	<input type="checkbox"/>	<input type="checkbox"/>

INHERENT RISKS OF PARTICIPATION

The follow description includes, but is not limited to, examples of the types of illness/injury which may result from participating in the activities listed above:

- * Inherent risks associated with the hazards of vehicle travel and/or winter travel.
- * Possible encounters with animals, poisonous plants, insects, snakes, predators and unsavory persons.
- * Risks such as extreme weather conditions, temperature, vehicular traffic, terrain and facilities.
- * Accident/injury caused by equipment malfunction, defect, and/or failure.
- * Accident/injury caused by the physical condition of the participant, negligence of the participant and/or others.
- * Related risks include falls, bruises, cuts, crush injuries, concussion, strains, sprains, fractures, dislocations, neck and spinal injuries, mental trauma, paralysis, blindness, brain damage, death.

MEDICATIONS

No medications are to be kept in a student's personal possession. All medication, prescribed, or non-prescription over-the-counter (OTC) will be kept in a designated location in the office, first aid room, or dorm office, etc.

Students will not be allowed to share any personal/prescription medications with another student. Student will not be allowed to collect OTC medications on another student's behalf.

Prescription Medication

Students needing prescription medication for any length of time should have written parental permission and the doctor's prescription information.

Non-Prescription – Over-the-Counter (OTC) Medications

Students occasionally have the need for OTC drugs for short-term relief from conditions like headaches, acute injuries, acute pain, cramps, etc. Usage will be monitored and these medications will only be given as per directions on the product label. A log of medication type, date given, and dosage amount will be kept for OTC medications given to students. If medication needs exceed the label recommendations, parents will be contacted and a physician consult will be arranged.

The school has some general OTC medication like Ibuprofen, Tylenol, Zantac, Zyrtec (for allergies), etc. but if your child has a need for more regular use of OTC medications or for specific OTC medications, you must provide a supply that will be kept for your child in a designated location.

Emergency

Some students may require the administration of medication in life-threatening or extreme emergencies, such as an anaphylactic allergic reaction. Such situations are usually well-defined and result from a known pre-existing condition. Trained staff at Fountainview Academy will administer needed emergency care including administration of potentially life-saving medications (e.g. EpiPen).

As parent/guardian of the stated student:

	Permission granted	Permission Denied
Non-Prescription – Over-the-Counter (OTC) Medications	<input type="checkbox"/>	<input type="checkbox"/>
Natural Herbal Remedies (e.g. Charcoal, Oil of Oregano, Grapefruit Seed Extract, etc.)	<input type="checkbox"/>	<input type="checkbox"/>
Vitamins and Minerals (e.g. Vitamin D3, Vitamin C, etc.)	<input type="checkbox"/>	<input type="checkbox"/>

INHERENT RISKS OF USE

All medications—prescription and over the counter—carry risk. To help minimize risk, users must be careful to only take medications according to the directions on the label or at the written instruction of a licensed medical professional. The following include, but are not limited to, examples of the types of risks that are inherent to any type of medication use:

- * Allergic reaction, addiction to medication.
- * Adverse long-term health effects, especially for medications taken long-term, even in small dosages.
- * Overuse or taking too much of a medication increases the danger and risk involved.
- * Associated risks include panic attacks, lack of coordination, drowsiness, constipation, rise in body temperature, impaired motor function, nausea, numbness, confusion, dizziness, mood changes, anger, decreased cognitive function, depression, exhaustion, sleep problems, raised blood pressure.
- * Greater associated risks include slowed breathing, change in heart rate (high, low, irregular) and blood flow, seizures, psychosis, paranoia, heart problems, heart failure, coma, death.
- * Combining drugs can produce unpredictable and sometimes dangerous effects.
- * For users with pre-existing health problems/medical conditions, such as heart disease, high blood pressure, epilepsy, diabetes, asthma, or liver problems, drug use could be more dangerous and possibly make health problem worse.
- * For users with a lower body weight, the same amount of drugs may affect them more than heavier individuals.

Natural herbal remedies, vitamins and minerals should be taken according to label directions or at the instruction of a health professional. The follow description includes, but is not limited to, examples of the types of risks that could result from use:

- * Some herbs can cause serious side effects when mixed with prescription and OTC drugs, such as aspirin, blood thinners or blood pressure medications.
- * Interference with the absorption and/or effects of certain medications.
- * The effects of mobilized toxins.
- * Associated risks include decrease/increase in heart rate, raised blood pressure, interference with blood clotting, heart rhythm abnormalities.
- * Prolonged or overuse can increase possibility of adverse effects.
- * Some of the active compounds in supplements have inherent toxicity, and using them may cause adverse effects, especially if used over-zealously or for long periods of time.

HORSES

Please note that although some staff on campus own horses, any activities involving the horses should be arranged personally between parents and horse owners. FOUNTAINVIEW ACADEMY IS NOT LIABLE.

PARENT/GUARDIAN CONSENT & TREATMENT AUTHORIZATION

The chance of injury/accident occurring can be reduced by using good judgment and carefully following instructions at all times while engaging in activities.

Fountainview Academy does not personally provide accidental death, dismemberment or medical expense insurance on behalf of the students participating in any activities, although the Academy does require all students to hold valid, adequate medical insurance coverage.

Fountainview Academy has done its best to provide a comprehensive description of known and inherent risks of participation in the listed activities and programs. Parents/students must understand that there are also unforeseeable accidents or injuries which may occur, and assume all associated risks.

I/We have read the above descriptions of activities and inherent risks of participation. I/We understand that in participating in the activities described above, I/we are assuming all the risks associated with doing so. I/We do hereby give our child permission to participate in all the activities/programs except those checked as denied on this form.

I/We knowingly and freely assure all such risks, both known and unknown, including paralysis and death, and assume full responsibility for my child's participation; and willingly agree to comply with the stated and customary terms and conditions for my child's participation.

This is to certify that I/we, as the parents/guardians with legal responsibility for this participant, and for the successors and assigns, do hereby release and hold harmless Fountainview Academy and its affiliates, members, directors, officers, employees, other participants, insurer, sponsors, agents, and if applicable, owners and lessors of premises used to conduct the event, with respect to any and all injury, disability, death, or loss or damage to person or property and any and all claims, demands or causes of action, which are in any way connected with recommended use of non-prescription over-the-counter medications, natural herbal remedies, vitamins and minerals, participation in activities or use of Fountainview Academy's equipment and/or facilities, including any such claims which allege negligent acts or omissions of Fountainview Academy arising out of use of medications or herbal remedies or vitamins or participation in these stated activities, including, but not limited to, those resulting from any pre-existing medical condition.

I/We have read the Fountainview Academy Student Handbook, understand the educational philosophy of Fountainview Academy, and agree to support the policies outlined therein.

I/We hereby appoint Fountainview Academy as my guardian for the purpose of obtaining, and consenting to, medical (including surgical) care or treatment recommended by medical personnel for our child while enrolled at Fountainview Academy. I/we understand that their medical costs will be my responsibility, and I/we hereby covenant and agree to ratify and confirm the actions of my guardian and save my guardian harmless. Since the above named student has applied to be a student of Fountainview Academy, parental/guardian consent is hereby granted for medical treatment.

Student Signature _____ Date _____

Parents/Guardians:

1. Parent/Guardian Name _____ Relationship to Student _____

Signature _____ Date _____

2. Parent/Guardian Name _____ Relationship to Student _____

Signature _____ Date _____

If BOTH parents/guardians have not signed, please explain the legal reason: